

VIDEO LIBRARY



UNIT 5: Sports Coaching

The following clips will help with the delivery and assessment of this unit, although it must be noted that some links will expire over time

At the time of inclusion however they were all active!

The wrong way to coach, maybe get students to pick out what is wrong as they watch: <http://www.youtube.com/watch?v=DuaV6UKtPOs&feature=related>

<http://news.bbc.co.uk/sport1/hi/golf/7604978.stm> - Monty's wish to be a future Ryder Cup Captain

<http://news.bbc.co.uk/sport1/hi/football/7615672.stm> - How does David Moyes come over here? Get students to watch after match/event interviews with coaches/managers and note down any comments they have.

An example of goal setting and managing emotion techniques used by coaches to improve performance of athletes; <http://www.youtube.com/watch?v=1F4OFMiecec>

One way you could go about applying the knowledge of this unit in the future; <http://www.youtube.com/watch?v=7-YQEZtKzCg> - BUNAC Sports Coaching South Africa offers sports coaching placements for volunteers who can take sessions, organise and run sports clinics, training matches and plan tournaments and holiday camps.

Some of the greatest sports pep talks taken from a variety of films...

<http://www.youtube.com/watch?v=sODWrEHPZFY>

And a video simply for enjoyment...watch Smithy receive his coach of the year award and last year BBC Sports Personality of the Year awards...

<http://www.youtube.com/watch?v=f8fgmmdKVMo>

A film to recommend to pupils: Coach Carter

BBC iplayer and the ITV equivalent are also a great way to watch some action!